

RTITB Master Driver CPC (LGV)

Course Content

Module 1 – Drivers Hours	Module 2 – The Professional Driver
Drivers Hours Regulations	Representing the Company
Driving Limits and Breaks	Professional Driver Roles & Responsibilities
Rest Periods	The Effects of Stress on Driving
Working Time Directive	Diet, Mood & Driving
Multi-manning	The Effects of Drugs on Driving Behaviour
GB and NI Rules	The Effect of Alcohol on Driving Behaviour
Driving Under Mixed Rules	Vehicle Awareness
Record Keeping	The Effects of Anger on Driving
Enforcement	Driving Distractions
	Risk-Taking Driving Behaviours
	The Effects of Fatigue on Driving Behaviour
	The Effects of Road Predictability
	Factors Influencing Driving Behaviour

Module 3- Health and Safety	Module 4 – Haulage Operations Compliance & Performance
General Health and Safety	Company Policies and Procedures
Assessing the Risk	Financial Considerations
Safe Working on Vehicles	Driver Licensing
Reversing	Traffic Incident Reporting
Slow Moving Vehicles	Inspections & Prohibitions
General Site Safety	Vehicle Maintenance
Safe Working on the Road	OCRS
Noise Pollution	O-Licensing
Loading Bays and Ramps	
COSHH	

Module 5 – Haulage Operations Road Freight Compliance	Module 6 – Load Safety
Insurance	Load Safety Regulations
Clandestine Entrants	Principles of Safe Loading
CMR	Planning to Load and Unload
Freight Forwarding	Load Distribution
International Transport	Load Awareness
Vehicle Selections	Abnormal Loads
Weights & Dimensions	Fluids/Liquids

Module 7 – Analogue & Digital Tachographs	Module 8 – Emergency Actions
Tachograph Regulations, Enforcement and Exemptions	What's the Risk?
Introduction to the Analogue Unit	Breakdowns
Analogue Tachographs Usage and Tachograph Charts	Fire
Analogue Tachographs – Manual Entries	Bridge Strikes
Digital Tachographs – Data Recording and Operation	Vehicle Collisions
Digital Tachographs – Logging in/out and Manual Entries	Tyre Safety
Digital Tachographs – Faults and Errors	Emergency Manoeuvring
Mixed Tachograph Usage	Vehicle Security
	Physical and Verbal Confrontation

Module 9 – Vehicle Systems	Module 10 – Safe and Economic Driving (Theory)
The Tractor Unit – An Overview	Why Drive Economically
Telematics	What's Consuming the Fuel
Gearbox Types	Planning for Efficiency
Braking Systems	Driving Style
Camera Technology	Torque and Engine Power
Coupling Systems	The Gearbox
Retardation	Aerodynamics
Green Systems	Telematics
Assistive Technologies	

Module 11 – Safe and Economic Driving (Practical)	Module 12 – On the Road
Why Drive Economically?	Urban Driving
What's Consuming the Fuel	Rural Driving
Planning for Efficiency	Route Planning
Driving Style	The Highway Code
Torque and Engine Power	In-cab Distractions
The Gearbox	Driving in Challenging Weather Conditions
Aerodynamics	Winter Driving
Telematics	Speeding
	Vulnerable Road Users
	Cyclists

